



# Lifeguard Training and Recreational Programs

Mildmay Carrick Swimming Pool  
519-367-2997  
128 Elora St. E, Mildmay

Teeswater Culross Swimming Pool  
519-392-6898  
12 Hillcrest St. E, Teeswater

Program	Location	Time	Date	Cost	Course Requirements
Bronze Star	TCSP (6-9) MCSP (12-16)	8:00AM- 11:00AM	Monday-Friday August 6th-16th	\$225.00+ HST	Recommended age 12 years
Bronze Medallion	TCSP (6-9) MCSP (12-16)	8:00AM- 11:00AM	Monday-Friday August 6th-16th	\$225.00+ HST	Minimum 13 years of age or Bronze Star Certificate
Bronze Cross	TCSP (6-9) MCSP (12-16)	8:00AM- 11:00AM	Monday-Friday August 6th-16th	\$183+HST	Prerequisite: Bronze Medallion and Emergency First Aid Certifications
Personal Best Swim Team	TCSP	4:00PM- 5:00PM	Tuesdays & Thursdays July 4th-August 1st	\$56.00	Ages 8-12
Jr Lifeguard Club	TCSP	4:00PM- 5:00PM	Wednesdays & Fridays July 3rd- August 2nd	\$60.00	Ages 8-12
Jr Lifeguard Club	MCSP	4:00PM- 5:00PM	Mondays & Wednesdays July 3rd- July 31st	\$60.00	Ages 8-12

For more information visit [www.southbruce.ca/swimming](http://www.southbruce.ca/swimming)  
Programs are subject to change and are dependent on registrations